

Many of the trips we make every day are shorter than three miles. For short trips like these, getting there by bicycle can be enjoyable, fast and convenient.

Get Rewards

Record your bicycle trips at whatcomsmarttrips.org and you'll be eligible for great prizes through Whatcom Smart Trips, especially during National Bike Month in May.

Get Going

Try it today! Request a Bike Buddy or sign up for Full Cycle right away by calling 671-BIKE.



SMART TRIPS

Make a difference anywhere you go

Whatcom Smart Trips offers these free brochures about bicycling safety and skills:

- Cycling Safely on City Streets
- Walk and Bicycle Your Way to Better Health
- Bicycle Traffic Laws
- Shopping on Foot and By Bike

www.everybodyBIKE.com has additional details about more bicycle resources in our community:

- Bicycle Repair & Sales
- Bicycle Recreation
- Bicycle and Pedestrian Advocacy
- Bicycle Transportation Planning

For more information, contact us at

everybody  BIKE

Whatcom Smart Trips
314 East Champion Street, Bellingham, Washington 98225
www.everybodyBIKE.com | info@everybodyBIKE.com
(360) 671-BIKE

Bicycling Resources



How to get started
bicycling in
Whatcom County



Full Cycle Classes

Full Cycle is a four-part bike skills course offering information and techniques to increase your cycling confidence and comfort. Find out where on the road to ride, how to handle left turns, and more.

Part 1. First Gear: Introduction to rules of the road for new bicyclists. Essential skills for starting out right.

Part 2. Fixing to Ride: Learn some easy adjustments for good bike fit and smooth operation, including how to repair a flat tire.

Part 3. Traffic and Trail: Techniques and skills to avoid hazards on roads or trails; pointers for increasing speed and safety while riding in groups.

Part 4. Road Ride: Practice your Full Cycle skills with a group ride on downtown Bellingham streets.

You do not need to bring a bike to classes. If you don't own a bike, request a loaned bike and helmet when you sign up. Taking the Full Cycle course can help you choose a bike when you're ready to buy one. For more details about Full Cycle classes or to register, call **671-BIKE** or check **everybodyBIKE.com**.

Bike Buddies

No time for a Full Cycle Class? Request a Bike Buddy! You'll receive customized, one-on-one assistance at a time and place that works for you. Bike Buddies can help you choose your route, check your bike for safety, or ride along and answer questions about rules of the road. Call **671-BIKE**.

Who are our everybodyBIKE Instructors?

EverybodyBIKE Teaching Team Instructors are certified by the League of American Bicyclists to teach bike riding skills and safety. Full Cycle is based on the League's nationally-known *Road One* course. Full Cycle is offered quarterly throughout the year. First Gear and Fixing to Ride are offered monthly. Go to **everybodyBIKE.com** or call **671-BIKE** to sign up for the next class.

Welcome to everybodyBIKE

EverybodyBIKE is the bicycle education program for Whatcom Smart Trips. Our goal is to increase bicycling for transportation in Whatcom County. EverybodyBIKE provides educational materials and hosts events aimed at helping people of all ages to cycle comfortably, safely, and often.

Bike Rodeos

EverybodyBIKE Rodeos give children a chance to build their skills with a series of stations on a safe course. Each station teaches a different bike safety technique. Children learn helmet fit, bike check, balancing, stopping and more.

EverybodyBIKE Rodeos provide loaned bikes and helmets, and are best for children aged 6 to 12. Contact everybodyBIKE at **671-BIKE** to schedule one for your school, church or community event.

Community Rides

Enjoy riding with friends and family and meet new people. On community rides you can relax and enjoy the scenery at your own pace. EverybodyBIKE sponsors bike rides throughout the year in partnership with community events. Check **everybodyBIKE.com** for the next ride.

